



Biography

Dr. Brian Clay is a physiatrist and interventional pain management specialist, fellowship trained in anesthesia pain medicine. As a physiatrist, Dr. Clay is a nerve, muscle and bone expert who treats injuries and illnesses that impact how the human body moves. Many of Dr. Clay's patients rely on him to manage painful arthritic conditions affecting peripheral joints and pain due to disorders of the cervical and lumbar spine. He also works with individuals who have suffered traumatic brain or spinal cord injuries. Another key area of expertise is outpatient sports medicine.

Born and raised in Chicago, Dr. Clay has been fascinated by science since childhood. After earning an undergraduate degree in biochemistry and completing medical school, he concentrated his focus on physical medicine and rehabilitation. During his internship and residency at Northwestern University's McGaw Medical Center and the Rehabilitation Institute of Chicago, Dr. Clay was named chief resident.

He has a passion for helping others. As a result, Dr. Clay is constantly exploring innovative practices and techniques such as genicular nerve ablation, a non-surgical procedure for relieving knee pain, and the use of stem cell and regenerative medicine treatments for musculoskeletal conditions.

Additional Areas of Expertise

- Pain Management
- Interventional Pain Management
- Independent Medical Evaluations (IME)

Philosophy of Care

The relationship between patient and doctor is so rewarding, especially with rehabilitation and physical medicine. We are right at their side as they progress from traumatic injury or debilitating illness through recovery.

Education

Fellowship

University of Pittsburgh Medical Center, Pittsburgh, PA,
Anesthesia Pain

Residency

Northwestern University - Rehab Institute of Chicago
Physical Medicine and Rehabilitation

Internship

Northwestern University - McGaw, Medical Center, Chicago, IL
Categorical PM & R Program

Medical School

University of Illinois - Chicago

Awards

- Illinois General Assembly Scholarship, University of Illinois at Chicago
– College of Medicine, Chicago, IL, 2006-2010

Appointments

- Walter E. Heller Chief Resident, Rehabilitation Institute of Chicago, Chicago, IL, 2013-2014
- Clinical Instructor, Physical Medicine and Rehabilitation, Northwestern University – Feinberg School of Medicine, 2013-2014