

# HEALTH EDUCATION, PHYSICAL EDUCATION & RECREATION



CHICAGO STATE  
UNIVERSITY

## Master of Arts in Teaching – PHYSICAL EDUCATION

### PreK-12 Licensure

College of Education • Department of Health Education, Physical Education and Recreation • Physical Education

This program in physical education leads to a Master of Arts in Teaching –Pre K-12 Physical Education. The purpose of the program is to provide candidates who hold a bachelor's degree in an area other than physical education the opportunity to earn a master's degree and an initial teacher license. Completion of the Master of Arts in Teaching in Physical Education degree program qualifies students for an Illinois Professional Educator License (PEL) endorsed in PE Pre K-12. Licensure requires successful completion of the Illinois State Content Area Licensure Test and the Educator Teacher Performance Assessment (edTPA).

#### Admission Requirements

To apply for admission to this program, candidates should go to the school of Graduate and Professional Studies at <https://www.csu.edu/graduateschool/> and then follow the instructions provided on this homepage in submitting their application online. Official transcripts from all institutions previously attended, (except CSU), are required. Questions about the application process should be directed to the Office of Graduate and Professional Studies at Chicago State University, (773) 995-2404 or [grad-admissions@csu.edu](mailto:grad-admissions@csu.edu)

In addition to meeting the university's general admission requirements, the applicant must meet:

- A minimum grade of C in undergraduate course work satisfying general education requirements and concentration/specialization.
- A minimum grade point average (GPA) of 3.0 (on a 4.0 scale) in the final 60 hours of academic course work (bachelor's degree and any post-baccalaureate) from an accredited institution.
- Maximum of 9 credit hours may be transferred from an accredited institution towards the graduate degree.
- Minimum grade of "B" is required in all transfer courses.

**Additional Required Documents for International Applicants Only include:** 1) A course-by-course transcript evaluation from Education Credentials Evaluators (ECE) or World Educational Services (WES); 2) Proof of English Proficiency: TOEFL/IELTS Official Score Report or Waiver Application; and 3) International Student Packet: - Bank Statement; and Notarized Financial Statement Form and Certificate of Sponsorship.

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MAT-PE COURSE SEQUENCE: -- for Cohort Group/candidates who start during the Fall semester			
First Semester (Fall)	Course Format/Schedule	Second Semester (Spring)	Course Format/Schedule
CORE COURSES: PE 1950 – Introduction to teaching physical education (2 Cr. hrs/f 15)	F2F– 16 Weeks (Fridays 8.00 – 9.50 pm)	PSYCH 2040 –Childhood & Adolescent Psychology (3 cr. hrs)	F2F (12 weeks) Mondays and Wednesdays, 11.00 – 12.45)
ED 4312/5312 – Teaching with Technology (3 cr. hrs.)	Online 16 WEEKS Synchronous & Asynchronously (Saturdays 10.00 a.m – 3.25 p.m)	PE 2800-Behavior Management in Physical Education (2 cr. hrs/f15)	F2F – 16 weeks (Fridays 8.00 – 9.50)
PE 2010-History/Philosophy of Physical Education (3 Cr. Hrs)	Online – 16 weeks Asynchronous	PE 3280 – Psycho- Social Aspects of Sports (3 credit hours)	F2F-16 weeks (MWF 10.00 -10.50 am)
PE 2140-Methods of teaching movement concepts and dance (3 cr. Hrs)	F2F – 16 weeks (Mondays & Wednesdays 9.00 – 10.50)	PE 3010- Applied Biomechanics (4 credit hours)	F2F – 16 weeks (Wed. 12.00 – 2.50 pm)
		PE 2360 – Aquatics for Physical Education and Recreation Professionals (3 cr. hrs)	F2 F-16 weeks (Tuesdays and Thursdays 11.00 – 12.50)
<b>Total = 11f30</b>		<b>Total = 15f15</b>	
Semester (Summer)		Third Semester (Fall)	
PSYCH 2020 or PSYCH 5300 – Educational Psychology or Advanced Educational Psychology (3 cr. hrs/f 10)	Online –10 Weeks (Asynchronous)	PE 2611-Principles of Group Exercise (2 cr. hrs)	F2F –16 Weeks (Mondays and Wednesdays 11.00 – 11.50)
ESL 5120 – Teaching English to Second Language Learners (3 cr. hrs)	Online – 10 weeks Synchronous and Asynchronous	PE 2500 – Assessment in Physical Education ( 2 cr. hrs)	F2F-16 weeks (Fridays 10.00- 11.50)
SED 4301/5301- Characteristics of Exceptional Children – (3 Cr. hrs/f15)	Hybrid -10 weeks Synchronous & Asynchronously	PE 2380 – Methods of Teaching Lifetime and Team Sports (3 cr. hrs)	F2F -16 weeks Tuesdays and Thursdays 11.00 - 12.30)
		PE 4022 – Measurement and Evaluation in Physical Education (3 cr. hrs)	F2F – 16 weeks Mondays and Wednesdays 1.00 – 2.50 PM)
		S ED 5303 –Teaching students with disabilities (2 credit hrs)	
<b>Total = 9 f25</b>		<b>Total = 15 f10</b>	

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Fourth Semester (Spring)		Fifth Semester (Fall)	
BIOL 2020 –Human Anatomy & Physiology (4 cr. hrs)	F2F – 16 weeks Monday, Wednesday & Friday 12.00 – 1.50 PM)	PE 3040-Adapted Physical Education (3 cr. hrs/f 15)	F2F – 16 weeks ( <u>Tuesdays 2.00 – 4.50 PM</u> )
PE 3030 – Physiology of Exercise ( 3 cr. hrs)	F2F -16 weeks	PE 5000/ED 5960 –Fundamentals of Educational Research (3 cr hrs)	Online 2 <sup>nd</sup> – 8 Weeks Synchronous & Asynchronously (Saturdays 10.00 a.m – 3.25 p.m)
PE 2363 – Motor Learning and Development (4 cr. hrs.	Online – 16 weeks (Asynchronous)	PE 5160 – Physical Education Curriculum (3 cr. hrs)	Online – 16 weeks Asynchronous
PE 2130 – Methods of Teaching Tumbling and Weight Training (2 cr. hrs)	F2F – 16 weeks (Fridays 10.00 – 11.50)	PE 5540-Methods & Practicum in Physical Education in the Secondary School (3 cr. hrs)	F2F - 16 weeks (Tuesdays and Thursdays, 9.30 – 10.45)
READ 5100 – Content Reading Middle School (2 hours)	Online – 12 weeks (Asynchronous)	PE 5900 – Capstone Project or PE 5910 Thesis (3 cr. hrs)	Online – 16 weeks (Asynchronous)
<b>Total = 15</b>		<b>Total = 15 f15</b>	
Sixth Semester (Spring)	Course Format/Schedule	Seventh Semester (Fall)	Course Format/Schedule
PE 5520 – Internship in Physical Education ( 3 cr. hrs/f100)	Field (16 weeks) Arranged	PE 5750 – Student Teaching PreK-12 (6 cr. hrs)	F2F -16 weeks (8 wweks in an Elementary School and 8 weeks in a Secondary School)
PE 5530 – Methods & Practicum in physical Education in the Elementary/Middle School (3 cr. hrs)	F2F – 16 weeks (Tuesdays and Thursdays 9.30-10.45)		
HS 1575 – First Aid/CPR/AED (3 cr. hrs)	F2F – 16 weeks (Wednesdays 6.00 – 8.50 PM)		
HS 2200 – Personal Health and Wellness (3 cr. hrs)	F2 F- 16 weeks Monday, Wednesday and Friday 1.00 – 1.50 PM)		
PE 2610 – Principles of Physical Fitness (2 Cr. hrs)	F2F – 16 weeks (Tuesdays and Thursdays 9.30-10.45)		
S ED 5303- Students with exceptional needs (2 cr. hrs)	F2F – 16 weeks (Mondays 5.00 – 7.50 PM)		
<b>Total Hours=16 f100</b>		<b>Total Hours = 6</b>	

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**COURSE SCHEDULE FOR THE  
BACHELOR OF SCIENCE IN EDUCATION IN PHYSICAL EDUCATION DEGREE PROGRAM (BSED-PE)  
DEPARTMENT OF HEALTH EDUCATION, PHYSICAL EDUCATION AND RECREATION (HEPER)  
COLLEGE OF EDUCATION**



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**BACHELOR OF SCIENCE COURSE SEQUENCE: -- for Cohort Group/candidates who start during the Fall semester**

First Semester (Fall)	Course Format/Schedule	Second Semester (Spring)	Course Format/Schedule
<b>CORE COURSES:</b> PE 1950 – Introduction to teaching physical education (2 Cr. hrs/f 15)	<b>F2F– 16 Weeks</b> (Fridays 8.00 – 9.50 pm)	PSYCH 2040 or PSYCH 5210 –Childhood & Adolescent Psychology or Adolescent Psychology for Middle Grade Teachers (3 cr. hrs)	F2F (12 weeks) Mondays and Wednesdays, 11.00 – 12.45)
ED 4312/5312 – Teaching with Technology (3 cr. hrs.)	Online 16 WEEKS Synchronous & Asynchronously (Saturdays 10.00 a.m – 3.25 p.m)	PE 2800-Behavior Management in Physical Education (2 cr. hrs/f15)	F2F – 16 weeks (Fridays 8.00 – 9.50)
SED 4301/5301- Characteristics of Exceptional Children – (3 Cr. hrs/f15)	Hybrid -16 weeks Synchronous & Asynchronously (Saturdays 10.00 a.m – 3.25 p.m)	PE 3280 – Psycho- Social Aspects of Sports (3 credit hours)	F2F-16 weeks
PE 2010-History/Philosophy of Physical Education (3 Cr. Hrs)	Online – 16 weeks Asynchronous	PE 3010- Applied Biomechanics (4 credit hours)	F2F – 16 weeks
PE 2140-Methods of teaching movement concepts and dance (3 cr. Hrs)	F2F – 16 weeks (Mondays & Wednesdays	PE 2360 – Aquatics for Physical Education and Recreation Professionals (3 cr. hrs)	F2 F-16 weeks (Tuesdays and Thursdays 11.00 – 12.50)
Total = 14 f30		Total = 14 f15	
Third Semester Fall		Fourth Semester (Spring)	
PSYCH 2020– Educational Psychology (3 cr. hrs/f 10)	Online –16 Weeks (Asynchronous)	ZOOL 2050 –Human Functional Anatomy (4 cr. hrs)	F2F – 16 weeks Monday, Wednesday & Friday 12.00 – 1.50 PM)
PE 2611-Principles of Group Exercise (2 cr. hrs)	F2F –16 Weeks (Mondays and Wednesdays 11.00 – 11.50)	PE 3030 – Physiology of Exercise ( 3 cr. hrs)	F2F -16 weeks
PE 2500 – Assessment in Physical Education ( 2 cr. hrs)	F2F-16 weeks (Fridays 10.00- 11.50)	PE 2363 – Motor Learning and Development (4 cr. hrs.	Online – 16 weeks (Asynchronous)
PE 2380 – Methods of Teaching Lifetime and Team Sports (3 cr. hrs)	F2F -16 weeks Tuesdays and Thursdays 11.00 -12.30)	PE 2130 – Methods of Teaching Tumbling and Weight Training (2 cr. hrs)	F2F – 16 weeks (Fridays 10.00 – 11.50)
PE 4022 – Measurement and Evaluation in Physical Education (3 cr. hrs)	F2F – 16 weeks Mondays and Wednesdays 1.00 – 2.50 PM)		
<b>Total = 13</b>		<b>Total = 13</b>	

**COURSE SCHEDULE FOR THE  
BACHELOR OF SCIENCE IN EDUCATION IN PHYSICAL EDUCATION DEGREE PROGRAM (BSED-PE)  
DEPARTMENT OF HEALTH EDUCATION, PHYSICAL EDUCATION AND RECREATION (HEPER)  
COLLEGE OF EDUCATION**



Fifth Semester (Fall)		Sixth Semester (Spring)	
CORE COURSES: PE 3040-Adapted Physical Education (3 cr. hrs/f 15)	<u>F2F – 16 weeks</u> (Tuesdays 2.00 – 4.50 PM)	<b>Core Courses:</b> PE 4520 – Internship in Physical Education (3 cr. hrs/f100)	Field (16 weeks) Arranged
ESL 4120 – Teaching English to Second Language Learners (3 cr. hrs)	<b>F2F – 16 weeks</b> (Wednesdays 1.00 – 3.50PM)	PE 4530 – Methods & Practicum in physical Education in the Elementary/Middle School (3 cr. hrs)	F2F – 16 weeks (Tuesdays and Thursdays 9.30-10.45)
PE 3520 – Curriculum Design in Physical Education (2 cr. hrs)	Online – 16 weeks Asynchronous	HS 1575 – First Aid/CPR/AED (3 cr. hrs)	F2F – 16 weeks (Wednesdays 6.00 – 8.50 PM)
PE 4540-Methods & Practicum in Physical Education in the Secondary School (3 cr. hrs)	<b>F2F - 16 weeks</b> (Tuesdays and Thursdays, 9.30 – 10.45)	HS 2200 – Personal Health and Wellness (3 cr. hrs)	<u>F2 F-16 weeks</u> Monday, Wednesday and Friday 1.00 – 1.50 PM)
READ 4100- Content Area Reading (2 cr. hrs.)	<u>Online – 12 weeks</u> (Asynchronous)	PE 2610 – Principles of Physical Fitness (2 Cr. hrs)	F2F – 16 weeks (Tuesdays and Thursdays 9.30-10.45)
S. ED 4303 –Teaching special needs children (2 cr. hrs.)	F2F – 16 weeks (Tuesdays and Thursdays 9.30-10.45)		
<b>Total = 15 f30</b>		<b>Total = 14 f100</b>	
<b>Seventh Semester (Fall)</b>			
PE 5750 – Student Teaching PreK-12 (6 cr. hrs)	F2F -16 weeks (8 wweeks in an Elementary School and 8 weeks in a Secondary School)		
<b>Total = 6</b>			
<b>TOTAL DEGREE CREDIT HOURS = 89</b>			