

Cougar Wellness Update

September 4, 2020

Update Reminder

Every week, CSU will provide a Cougar Wellness Update with information on ways to keep yourself and your Cougar Community safe and updates on COVID-19 cases on campus.

Tips of the Week

Download Kuvrr! CSU has a new campus safety app (Kuvrr) that allows instant alerts for emergency response, requesting a virtual safe walk from the campus safety team, and more. Make sure to download the app to your phone today. It is available for iPhones in the Apple App store and for Android phones in the Google Play store.

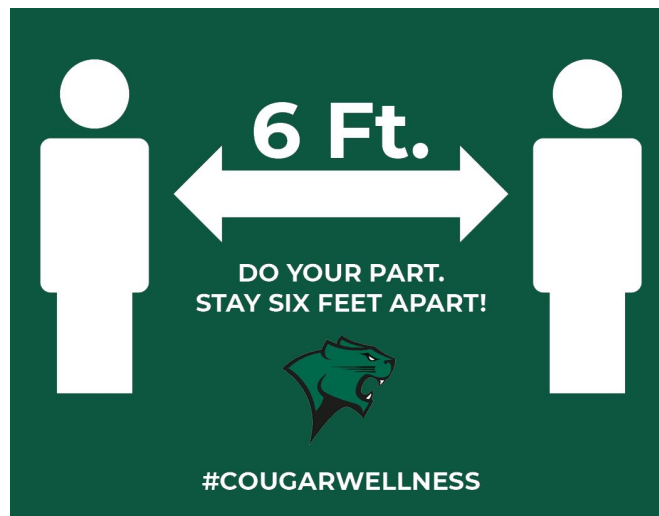
Student Services! CSU is still offering our campus and student services, such as Advising, wellness, internships and career counseling and the Library, with appointments preferred. Visit [here](#) to see the hours of operation and offices' contact information.

New, No-Cost Testing Options! Starting September 8, you can access no-cost COVID-19 testing across the street from CSU 7 days a week from 9 am to 5 pm. Just go to Walgreens at 347 E. 95th St and bring your CSU ID and insurance card.

COVID Cases Updates

Every week, we will provide updates on COVID-19 cases from students, staff, and faculty who spend time on campus. This week, there were a total of 0 COVID-19 positive cases. You can find our weekly and total case count at our just released COVID-19 [dashboard](#).

Cougar Commitment to Wellness



In health together,
COVID-19 Response Team