

HOW TO FIND AND CREATE A **Place to Study** and **Take Exams**

Home offices are optimal, but not always possible. Some alternatives for a dedicated place to study and take exams include: walk-in closets, screened-in porches, garages, and guest bedrooms. Just make sure your space has privacy, a spacious surface to work on, proper lighting, and limited distractions.



Claim a clean and open space with good lighting as your own.



Avoid common areas like kitchen tables and couches.



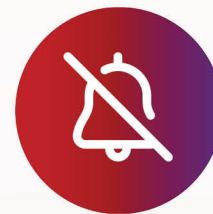
Have all supplies needed and accessible
(computer, pens, paper, textbook, highlighter, etc.)



Tell roommates you are studying and give them a specific timeframe you'd like to be uninterrupted.



Make a sign to place on the door of your space: "Do Not Disturb" or "Studying for 1 hour"



Limit distractions. Turn off notifications and sounds on all of your devices.